

Meet our therapists



Ryan Kelley DPT

Physical Therapist

Originally from Connecticut, Ryan received his Doctor of Physical Therapy degree from the University of New England in 2023.

Prior to that he completed his Bachelor of Science from the University of Vermont, graduating in 2012 and spent many years working for various non-profits and start-up organizations in the Boston area.

As a lifelong athlete, Ryan was drawn to physical therapy as he spent a lot (a lot!) of time as a patient from high school to present day as a patient, managing his own various orthopedic and musculoskeletal injuries and surgeries. His injury history helps him to understand how frustrating injuries can be, not just from a physical viewpoint, but also acknowledges the mental and emotional toll they can take. He drives treatment through compassion, humor, and strives to build a relationship with each patient, working to cater each treatment session to their needs, their short and long term goals, and ultimately aiming to make the rehabilitation process as enjoyable, efficient, and fun as possible.

In his free time, Ryan enjoys exploring the Portland brewery scene, watching Boston sports, consuming many burritos, and fawning over every dog he sees.

“I look forward seeing that first ‘a-ha!’ moment when a patient realizes they are moving better and have less pain with the activities. It’s such an important milestone and I love seeing their hard work pay off in the process of achieving their goals.”
