



# Meet our therapists



**Rurik earned his Doctorate in Physical Therapy from the University of New England in 2023, after receiving his bachelor's degree in music performance from the University of Maine.**

Rurik became interested in Physical Therapy due to his passion for improving the lives of others. He is particularly interested in relieving pain and improving patients' physical abilities. He is deeply passionate about helping patients recover from their injuries so they can get back to their normal lives.

Rurik is a proud Mainer who grew up in a Midcoastal small town. He moved to Portland in 2020 to complete his physical therapy education. He has since fully engaged in the Portland community and looks forward to continuing to serve his community as a physical therapist.

**Rurik Brackett** DPT, Cert VRS

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**Physical Therapist**

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“I believe that an evidence-based and compassionate approach to treatment will lead to the best possible outcomes and get you back to what you love to do.”

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