

Meet our therapists



Juliana Noce

DPT, Cert DN, BRM

Physical Therapist

Juliana Noce graduated from Quinnipiac University's Doctor of Physical Therapy Program in 2021.

Juliana has professional experience treating a variety of neurologic, orthopedic, sports-related, joint, and soft-tissue related injuries. Juliana's special interests include treatment of non-operative and post-operative knee, hip, shoulder, and back pain, as well as sacroiliac joint dysfunction. An avid skier and former competitive golfer, Juliana, is experienced with the treatment of golfer, skiers, and other competitive/recreational athletes with the goal to help assist her patients return to their sports/recreational activities. She has professional experience with the treatment of generalized hypermobility disorders, chronic hip pain and rehabilitation from PAO hip surgery.

Juliana utilizes various treatment methods including dry needling, instrument assisted soft tissue mobilization, joint mobilization and manipulation, muscle and fascial manipulation, and exercise prescription and progression. She has a certification in Dry Needling, the Mulligan Concept Lower Quadrant Spinal and Peripheral Manual Therapy Course, and the Barbell Rehabilitation Method.

In her free time, Juliana enjoys skiing, golfing, hiking, cycling, fishing, boating, and cooking!

“The best part of being a Physical Therapist is being able to help patients to prioritize health and wellness and return to their passion and sports/recreation!”
