



Meet our therapists



Gretchen was born and raised in Massachusetts. She graduated from Quincy College in 2017 with an Associate Degree in Physical Therapist Assistant Program. Gretchen was drawn to physical therapy after working as a rehab aide with children with disabilities. She has experience in outpatient care, pediatrics, and acute care hospital settings.

Gretchen enjoys progressing patients through their exercises and seeing them achieve their goals. She also loves giving patients the tools they need to continue to lead a healthy and active lifestyle. Gretchen believes continuing education is the best way to serve her patients and allow them to get better quicker!

When she is not in the clinic, Gretchen enjoys hiking, paddle boarding, walks with her dog, spending time at Damariscotta Lake and spending time with her extended family in North Conway, NH.

Gretchen Bobola PTA

Cert VRS

Physical Therapist

“Gretchen believes continuing education is the best way to serve her patients and allow them to get better quicker!”
