



Meet our therapists



Lisa Rosen DPT

Physical Therapist

lisa@allianceptme.com

Born and raised in California, Lisa completed her Bachelor of Science degree at Sonoma State University and graduated from the University of New England with her Doctorate degree in Physical Therapy in 2021. During her graduate program she gained knowledge and hands-on experience through her didactic studies and clinical rotations in a variety of inpatient and outpatient settings including orthopedics, neurology and trauma.

Lisa has always had an interest in the body and how it functions and has a passion for helping and educating others about adopting healthy lifestyles. Her 25 years of dance experience, which included ballet, tap, jazz and contemporary, led her to pursue a career in physical therapy. She also became a certified Pilates instructor in 2018. She believes passionately that patient-centered care combined with evidence-based practice provides maximal success in helping her clients reach their goals.

Outside of the clinic, she enjoys going to barre and yoga classes, grabbing coffee with friends, and spending time with her two cats.

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